




ZAMAR HORSE PROTOCOLS

TENDON wrap	<ul style="list-style-type: none">- used every day like recovery at 0°C , + 2°C degrees for 40 minutes restore tendons and avoid pain and swelling- used also for Equine carpus dysfunction and ligament Sprian 0°C for 40 minutes – twice in a day- used for pain and edema reduction as well as tissue repair +3°C - 3 times in a day for 30 minutes- used for Tendonitis, at 0°C twice in a day for 40 minutes, you will have a pain and edema reduction as well as tissue repair
	
LEG wrap	<ul style="list-style-type: none">- used every day after work , for 40 minutes at -2°C for recovery to prevent inflammations ,pain ,and tissue repair
	

<p>FULLEG wrap</p> 	<ul style="list-style-type: none"> - used every day after working for recovery at 0°C for 40 minutes , used also for laminitis at -5°C for several hours ,in cold continuous with a vet supervisor
<p>NECK wrap</p> 	<ul style="list-style-type: none"> - used in Beauty for Arabian horses in hot temperature at +40°C for 40 minutes to make the neck thinner
<p>SHUOLDER wrap</p> 	<ul style="list-style-type: none"> - used for Chronic shoulder Osteochondrosis (arthritis) in hot therapy at +45°C for 45 minutes twice in a day and before the work, increase mobility of the involved joint - used for Shoulder contusion in cold therapy, at +3°C for 30 minutes twice in a day , edema reduction, pain reduction and muscle spasm

DORSAL COVER wrap



- used in hot for muscle pain of the back and in winter before work to avoid muscle sprains at 45°C for 40 minutes improve mobility and performance
- used in cold f at 0°C for 45 minutes in ENDURANCE competition or in summer to cold the horse when the temperature is very high.

BACK wrap





- in Chronic equine sacro-iliac dysfunction, reduce pain and muscle spasm, accelerate tissue healing by increased circulation in hot therapy at +45°C for 45 minutes
- In an Acute equine spinal pain and spasm, spinal strain, in cold therapy for 45 minutes at 0°C, improves mobility and performance.

STIFLE wrap



- used in equine stifle joint dysfunction, arthritis in hot and cold cycles 0°C for 20 minutes and +45°C for 20 minutes for 2 cycles ,twice in a day . Improve stifle joint mobility by reduction of pain and muscle spasm. Control of osteochondritic flare up, edema reduction, accelerate tissue healing by modulation of inflammation and increase circulation. Increase mobility and restore stifle joint function.
- used for acute stifle joint contusion , cold therapy at +3°C for 30 minutes twice in a day , for pain control and edema reduction.

HOCK wrap	<ul style="list-style-type: none"> - used in acute hock sprain and ligament irritation in cold therapy at -2°C for 40 minutes twice in a day , for edema and pain reduction , tissue repair and increase mobility of involved joints. - Used in hot therapy for hock arthritis, at 40°C for 40 minutes before work increase circulation.
	<ul style="list-style-type: none"> - used in hot and cold therapy for chronic navicular syndrome at 0°C for 20 minutes and $+40^{\circ}\text{C}$ for 20 minutes 2 cycles twice in a day. Accelerate tissue healing, used for pain and edema reduction and tissue repair.
HOOF wrap	
	

THERAPY DISCLAIMER

The therapy information on this paper is provided as an information resource only, and is not to be used or relied on for any diagnostic or treatment purposes without a veterinary consultation first. This information is intended to be educational and should not be used as a substitute for professional diagnosis and treatment.

Please consult your veterinary before making any therapy decisions or for guidance about a specific condition.